

St Mark's

Forest Gate



March 2020

50p

www.stmarksforestgate.org.uk

Who's who in the Church

Vicar: Rev'd Ben King

020 8091 5652 or 07437 522650

ben.king@stmarksforestgate.org.uk

Church Wardens	Mike Richardson 07824 859075	
	Sharon Yates 07909 279100	
	churchwardens@stmarksforestgate.org.uk	
Treasurer	Peter Arnold	
Organist	Elizabeth Palmer	
Music Group	Janet Bone	Phil Ridaut

P.C.C. Members

Chairman	Rev'd Ben King	
Vice Chairman	Ann Arnold	
Treasurer	Peter Arnold (Deanery Synod Representative DSR)	
Secretary	Jane Ridout	
Sharon Yates (Warden)	Mike Richardson (Warden)	Michael Semuguraka
Janet Bone (DSR)	Barbara Lumsden	Charlotte Mouzer
Miranda Vincent	Ellen Kemp (DSR)	Jackie Randall
Yvonne Tiley	Dave Dale	

The P.C.C. represents the members of the church;
if there are any issues you want raised, do talk to them.

Contact information

Website	www.stmarksforestgate.org.uk
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Youth Work	youth@stmarksforestgate.org.uk
Magazine	magazine@stmarksforestgate.org.uk
Notices	notices@stmarksforestgate.org.uk



Facebook: St. Mark's Forest Gate



Twitter: @stmarks_e7

Magazine

All material for the magazine to be left in the church office or emailed to the email address above. Material for **April 2020** needs to be given in by the end of the morning service on **Sunday 15th March**.



One of the things I think it's important for me to do as a church leader is to try and discern what the Spirit of God is saying to us. Sure, anyone can roll out tried and tested programmes that have been done before or reach for the latest theological bestseller in the hope of gleaning some fresh ideas.



But if we're to take Christian ministry seriously, we need to take *God* seriously and that, amongst other things, means trying to attune ourselves to His will and to obey what He commands us to do.

Of course, if we want to discover the will of God, we start with the Bible, the revealed word of God. But the Bible doesn't answer *every* question, like what we should prioritise at St Mark's this year.

Recently, I spent a day at Pleshey, the Diocesan retreat centre, trying to discern God's priorities for us as a church in 2020. I still remain convinced that the Lord spoke to me about the importance of a sermon series on the Holy Spirit. I had an inkling that the Holy Spirit and charismatic ministry might feature at some point. For those of you present at my institution service in October, you may recall the very marked and deliberate emphasis on the Spirit. That too, was the result of a time of prayer and discernment.

So, over four Sundays in Lent, we will be looking at who the Holy Spirit is, what He does, how we can be filled with the Spirit and how we can live a life empowered by the Spirit. It will be a very gentle introduction to the Holy Spirit; indeed, some of you might have heard this kind of teaching before.

To help deepen our understanding and develop our experience of the Holy Spirit further, our Lent Groups will also be focusing on different aspects of the Holy Spirit and His ministry. In addition to the Home Groups, I shall be running two weekly groups – one on Monday evenings (7.30-9pm) and the other on Friday afternoons (2-3.30pm), both meeting in the church lounge and both starting the first week of March. Please do sign up at the back of church if you'd like to join in. You'd be really welcome to come along as we learn and grow together.

Continued on next page

As you might have guessed, it's my hope that this series won't stand in isolation but will feed into something much bigger. I trust that as we grow in confidence as people of the Spirit, God will also lead and guide us so that we can fulfil His plans for us at St Mark's.

As I conclude, it's also worth flagging up a couple of other things I feel the Spirit has prompted me to introduce. The first is a new evening service called *Sanctuary*. It strikes me that in the midst of busy, pressured lives, there is a keen need for stillness, reflection and sharing together in bread and wine. *Sanctuary* is a more contemplative, intimate time of worship and will happen on the first Sunday of each month, launching on 1st March.

The second initiative is also a new evening service - *Informal Praise and Prayer*. There'll be upbeat contemporary music, teaching from the word and time for ministry. This will fall on the third Sunday of every month and will launch on 15th March.

I would really appreciate your prayers as the Lord leads us and as we allow ourselves to be carried on the wind of the Spirit to new and exciting places. Thank you. I look forward to seeing you there!

Ben

LEN 
Pray Fast Give

 imbeddedfaith.org

New Evening Services

From next month we are going to be starting two new evening services. Sanctuary will take place on the first Sunday of each month – a chance to be still, reflect and share bread and wine together. On the third Sunday of every month there will be an Informal Praise and Prayer service. There'll be upbeat contemporary worship, teaching from the word and time for ministry. Please do come along and join in!

Lent Groups

Throughout Lent we are going to be looking at the person of the Holy Spirit together. There'll be a 4-week sermon series and Lent Groups to complement this teaching. As well as the regular Home Groups, Ben is going to be leading two additional groups, one on Monday evenings and the other on Friday afternoons, starting the first week of March. Please could you sign up at the back of church if you're interested in joining, or email ben.king@stmarksforestgate.org.uk. Thank you.

Vocations' Day - Saturday 7th March

Do you need help exploring your vocation in God's church? From 9am-2pm on Saturday, 7th March, St Mary's Loughton will be hosting the Barking Area Vocations' Day. Please do speak to Ben if you'd like to find out more.

Time to Share 2020

Do you feel called to share the Good News but would like some help refining your gift? 'Time to Share' is the Newham Deanery evangelism course. This 5 month course looks at all aspects of sharing the Good News in a multilingual, multicultural community. Meetings are on a Thursday at 7.30pm at St. John's Church Stratford from 5th March to 30th July. No homework or written projects - just practical training in a friendly easy manner!

Applications available at revjeanettem16@gmail.com

Please speak to Ben or the wardens Sharon Yates and Mike Richardson if you feel this is something you would be interested in looking in to. There are also flyers available at church with more information.

The Sermon

Sunday **9th February**
Speaker **Reverend Ben King**
Theme **Stewardship**

With the spring we are starting a new year with the signs of new life and God's faithful provision and his many blessings to us. When we think of god's generosity to us we also need to think about good stewardship of the resources he has given us.

We have so much, Bishop James Newcome remarked 'I am embarrassed when I see more possessions in my attic than some people have in their entire homes'. Yet around us are people with nothing, despite being an affluent country it is estimated 5 million children live in poverty and the use of foodbanks has increased by 73% since 2012.

We give consideration to the parable of the talents in Matthew 25 v 14-30 where Jesus illustrates that the approach we take to what God gives us is so important. It is bad stewardship to sit back and do nothing, we should take the resources skills and talents that God has given and use them to give back to Him. It is also bad stewardship to take everything and keep it for ourselves.

We are asked to be proactive in God's service, to give to God what He requires in full. In Malachi 3 v 6-12 the prophet reminds people of God's love and it is the only place in the bible where the people are invited to test God. If you give to God He will reward you in full, in verse 10 it says 'I will open the windows of heaven and pour out on you in abundance all kinds of good things'.

God is asking you to trust in Him, He is a giving God, who gives out of love for His children and invites us to give generously as He has done for us. We need to reflect on God's goodness and what our response will be., how we will take the money, time and skills we have and use them in Gods service.

If you would like further information on how to give please speak to Ben, the wardens or to Peter our treasurer.

Please note: This is what I heard of the sermon, it may have not been what the minister meant to say, do come and join us and listen for yourself Sunday mornings at 10:30am.

Be careful that you do not forget the LORD your God, failing to observe his commands, his laws and his decrees that I am giving you this day.

Deuteronomy 8 v 11

This is a warning from Moses to the children of Israel, about a time to come when they would feel on top of the world and a time when everything would be going well for them in the land that God had promised them. They would eat and be satisfied, build fine houses and settle down, their herds and flock would grow and the silver and gold would multiply. At that time, he tells them, their hearts would be lifted up and they would forget their God, who had rescued them from Egypt and slavery.

Success is good and God is happy for us when we are successful, but in Deuteronomy 8 v 18 says 'But remember the LORD your God, for it is he who gives you the ability to produce wealth'.

The instructions from Moses to the Israelites is for us today, we children of God should be sensitive to the leading of the Holy Spirit when good things and good times happen, so we do not forget God, Paul says 'What do you have that you did not receive?' 1 Corinthians 4 v 7. It is dangerous to forget God, or begin to see ourselves as the architect of everything, we must continue to recall God's goodness to us and put Him at the centre of our lives, to humble ourselves and exalt Him. All our successes and breakthroughs must be used to give Him the glory.

In Luke 12 v 16 - 20, is a story of a farmer who had a plentiful harvest and instead of giving God the glory he gave himself praise for his success 'And I'll say to myself, "You have plenty of grain laid up for many years. Take life easy; eat, drink and be merry". But God said to him, 'You fool! This very night your life will be demanded from you. Then who will get what you have prepared for yourself?' Luke 12 v 19 - 20.

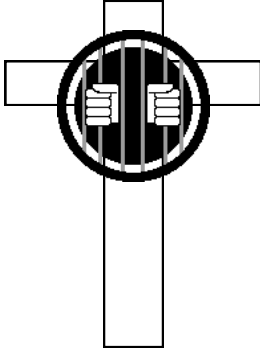
We children of God must not do anything outside the will of God because all of us and all that we have belong to God. We should not at anytime forget God. May the Lord help us in Jesus name.

God Bless You

Elizabeth



China



Remember those in prison as though you were in prison with them. Pray for those who are suffering as though you were suffering as they are.

Hebrews 13 v 2

against Pastor Wang Yi and the inhumane treatment of his wife and son are pure evil. The international community must rally behind Pastor Wang and condemn China on-going persecution against Christians.”

Source: Chinese Church Support Ministries. (CCSM)

On the 30th December 2019 International Christian Concern (ICC) learned that Pastor Wang Yi from Early Rain Covenant Church in Sichuan had been sentenced to nine years in prison for ‘subversion of state power’ and ‘illegal business operations’ following a secret trial.

According to China Aid Pastor Wang was tried on December 26th, his wife Jiang Rong’s birthday Chengdu court in Siehuan. “Only government appointed lawyers were at the trail. No members of Pastor Wang’s family or members of Early Rain Covenant Church were invited to the proceedings”

Wang’s wife and her 12 year old son have placed under house arrest with no access to the outside world.

Gina Goh, ICC Regional Manager for South East Asia said, “The sentence of Pastor Yang Yi further proves that the Chinese government disregards religious freedom and is paranoid about Christians from house churches. The unfounded accusations



Pastor Wang Yi and his wife

Indian Pastor crippled by brutal attack, then jailed on false charges

Pastor Jai Singh is unable to walk after extremists took turns to beat him in a vicious assault earlier this month. His attackers are still at large – yet he has been charged with ‘forced conversion’.

A huge mob surrounded his house church in Bichpari, Haryana state, before about 30 people dragged Pastor Jai outside, along with the house owner, Naresh, and attacked them. Pastor Jai was then driven to a Hindu temple, where the beatings continued.

Hours later, the extremists handed Pastor Jai over to police, broken and blood-stained. He was formally charged with offering people money to convert, along with Naresh and several other Christians. Pastor Jai was held until a judge granted him bail, two days after the attack.

Please ask God to comfort Pastor Jai, Naresh and their church family.

Though church members have pressed charges against the extremists, none has yet been detained. Naresh has been evicted from his business premises and socially ostracised.

- Pray for healing and justice for Pastor Jai, Naresh and their congregation.
- Extremist attacks in this part of Haryana are happening in response to church growth, according to local Christians. Thank God for this growth and pray that believers will not be cowed by fear.
- Ask God to provide for Pastor Jai and his fellow Christians. Like many believers in India, they work as day labourers and struggle to make ends meet.

Source: Morning Star News



I have been making use of the Bible in One Year app, like Mike in last months magazine I do find the audio very helpful for listening to the readings, I particularly enjoy listening to the old testament readings which I do find difficult to concentrate on when I am reading.

However I am afraid that six weeks in to this challenge I am behind on the readings. The app does give me an opportunity to catch up so I have a little splurges when I do a number of days reading, but I can recognise that if I carry on like this I am going to slip further and further behind.

I was very struck by the heading for todays (16th February) reading 'put first things first' about the prioritising of what we do in life, I am conscious that I have not being prioritising the daily readings to enable me to complete the bible n the year I have to rethink my commitment to the challenge and give it greater priority.

Ann Arnold

If you have other comments on your experiences with the Bible in One Year do email bioy@stmarksforestgate.org.uk, or leave Mike a note at church



The Fourth Sunday in Lent was called 'Mid-Lent' or 'Refreshment Sunday', when the rigors of Lent were relaxed more than was normal for a feast day. It is called Mothering Sunday as a reference to the Epistle reading for the Day (Galatians 4 v 21-31). The Lenten Epistles follow from each other with teaching about our life as Christians and how we are to follow Christ.

On Mid-Lent Sunday the Epistle talks of bondage and freedom; the bondage of the Law and the Old Covenant as compared to the freedom in Christ, "the promised one", and the New Covenant. Verse 26 reads "But Jerusalem which is above is free, which is the mother of us all." We gain our freedom from Christ and, as it was seen before the Reformation, the Church.

Thus, Mothering Sunday is about the freedom that we gain through the promise of Jesus Christ delivered through our Mother the Church. People were encouraged to go to their 'Mother Church' (their home church or their home Cathedral) to worship and give thanks. Hence apprentices, and others, went home for the weekend and often brought gifts (or accumulated pay) home to their family.

On the other hand, Mother's Day is a secular festival invented in 1904 and is celebrated on the 2nd Sunday in May in most countries in the world. The UK seems to be the exception. In recent years Mothering Sunday has been hijacked to take the place of a special, secular day to give thanks for our mothers.



Bishop welcomes credit card gambling ban

The Bishop of St Albans, Dr Alan Smith, has welcomed an announcement from the Gambling Commission that consumers will no longer be able to use credit cards to gamble from April 2020.

"This marks a significant step in progressive policy-making, reducing the risks to gamblers," he said. For too long people have been vulnerable through gambling with money they don't have, using credit cards, additionally incurring the costs of borrowing alongside any losses.

"I have been calling for this change as consultation turned into consultation, while gamblers were facing the consequences of delay.

"Putting down a Private Member's Bill in the last Parliament seemed like the last option and I was delighted when both the Government and Labour pledged to deliver a ban on credit card gambling.

"However, this is no more than a tweak to gambling legislation and regulation. Fundamental reform is needed if we are to ever make significant progress for the hundreds of thousands affected by gambling-related harm."

The Bishop of St Albans previously helped lead the campaign to reduce the maximum stake on Fixed Odds Betting Terminals, and pushed for a ban on gambling with credit cards in a Private Member's Bill, which was subsequently incorporated into the Government's manifesto pledges.



THE CHURCH
OF ENGLAND

Let them go

None of them belonged to us

1 John 2 v 19

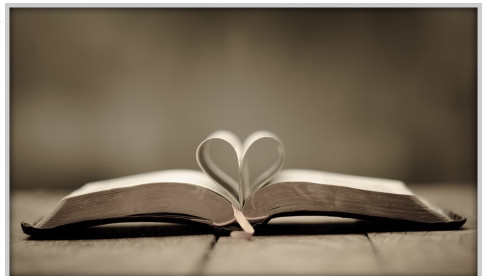
There are some people in life we get along with well, and others we don't. And in some cases, we're not supposed to! Now let's be clear: we're not talking about being unloving, insensitive, or divisive. Paul says, 'Do all...you can to live in peace with everyone' (Romans 12 v 18). We're talking about people God specifically tells us to break away from. When it comes to those who don't belong in your life, here are two things to consider.

First, there's the revelation. The Bible says: 'They went out from us, but they did not really belong to us...if they had...they would have remained...but their going showed that none of them belonged to us.' Just like you can't fit a square peg in a round hole, or mix oil and water, there are people who simply don't belong in your life.

Second, there's the separation. Paul said: 'Do not be yoked together with unbelievers...what fellowship can light have with darkness? What harmony is there between Christ and Belial?...what does a believer have in common with an unbeliever? What agreement is there between the temple of God and idols? For we are the temple of the living God. As God has said: "I will live with them...walk among them...be their God, and they will be my people." Therefore, "Come out from them and be separate...and I will receive you." ... "I will be a Father to you, and you will be my sons and daughters"' (2 Corinthians 6 v 14-18).

Bottom line: when God tells you a relationship is not right for you, listen, and obey Him.

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Can we help you?

People to pray with you

If you would like someone to pray with you, people will be available to pray with you after the Sunday morning service in the church prayer corner, which is just inside the door to the church. Prayer will be private and confidential. You do not need to attend the service.

Individual Prayer Requests

If you would like prayer for yourself or others, please put a prayer request on the notice board in the prayer corner in the church, and we will pray for you. As all these needs are known to God you do not need to provide names, but only the situation you want us to pray for.

Pastoral Care

We would like to provide pastoral care to the church and wider community through our ministers and the church leadership team. If you need help and support please contact the church wardens or our minister Rev Ben King

Rev'd Ben King 020 8091 5652 or 07437 522650
ben.king@stmarksforestgate.org.uk
Church Wardens Mike Richardson 07824 859075
Sharon Yates 07909 279100
churchwardens@stmarksforestgate.org.uk



Intercession: Mothering Sunday

Father we pray for those for whom Mothering Sunday is a sorrowful time, for those whose mother or child has died , comfort them in their mourning. For those who are estranged from their children , that you will bring peace between them. For those unable to have children, that you will bring joy in their lives. For those abandoned by their family that they will find their family in you. During the services on Mothering Sunday help us not to forget these people and let us be a comfort to them.

Lord in your mercy,
Hear our prayer



Wednesday Prayer

Every Wednesday there is an early morning prayer session held in the church at 7:30 am, where we meet to pray for the life of the church. And on Wednesday evenings there is a session at 7:00 pm with a focus the life of the church.



Our Parish Streets:

Week beginning

1st March	Pray for all who live in Woodgrange Road
8th March	Pray for all who live in Capel Point
15th March	Pray for all who live in Mornington Hall
22nd March	Pray for all who live in Emily Duncan Place
29th March	Pray for all who live in Avenue Road

Sunday Services

Sunday 1st	8:00 am	Prayer and Breakfast
	10:30 am	Morning Worship Ben King
	6:30 pm	Sanctuary with Holy Communion Rev'd Ben King
Sunday 8th	8:00 am	Prayer and Breakfast
	10:30 am	Holy Communion Rev'd Ben King
	6:30 pm	Prayer for Persecuted Church
Sunday 15th	8:00 am	Prayer and Breakfast
	10:30 am	Holy Communion Rev'd Ben King
	6:30 pm	Prayer and Praise Roger Daniells-Smith
Sunday 22nd	8:00 am	Prayer and Breakfast
	10:30 am	All Age Worship Sharon Yates and Charlotte Mouzer
	6:30pm	Holy Communion Rev'd Ben King
Sunday 29th	8:00 am	Prayer and Breakfast
	10:30 am	Holy Communion with Healing Ben King
	4:30pm	Messy Church Sharon Yates



What's On

Wed	4th	7:30 am	Prayer Meeting (every Wednesday)
Wed	4th	12 noon	Bible Study (every Wednesday)
Wed	4th	7:00 pm	Prayer Meeting (every Wednesday)
Fri	6th	10:00 am	Coffee Morning for Tower Lifeboat Station
Fri	6th	1:30 pm	Nifty-Fifties - Quiz
Fri	13th	1:30 pm	Nifty-Fifties - Play it Again
Fri	20th	1:30 pm	Nifty-Fifties - Favourite Poems
Sat	21st	2:00 pm	Jumble Sale
Fri	27th	1:30 pm	Nifty-Fifties - One Last Time
Mon	30th	7:30 pm	P.C.C.

For Young People during Sunday Morning Services

Crèche area for Babies 0 - 3 years Scramblers for 3 - 5 years Meeting Room
 Sunday Club for 5 - 11 years Hall Youth Group for 11 - 16 years Lounge

Every Wednesday in the church

7:30 am Prayer Meeting;
 12 noon Bible Study;
 7:00 pm Prayer Meeting



Care and Concern

**Coffee Morning for
Tower Lifeboat
Friday 6th March
10:00 am**



Fundraising in aid of the RNLI

The Tower lifeboat station opened following the Marchioness disaster and operates from Lifeboat Pier on the River Thames in central London, the Tower Lifeboat is the busiest RNLI lifeboat station and because of the need for even faster response times, there is a crew on station around the clock.

The February coffee morning for Kidney Research UK raised £100. The April coffee morning will be on the 4th April and will be raising funds for Newham City Farm. All coffee mornings are held in the church hall at 10:00 am.



Newham Churches Food Bank



St Mark's is contributing, on a regular basis, to the Churches Food Bank in Newham. Each month we will be asked to buy particular items when shopping and bring them in to St Mark's.

For the month of **March** we are collecting **Sugar** in **500g bags** and **Sanitary Protection**. Please place items in the Food Bank box, outside the office at church.

Thank you



Saturday 21st March
Doors open at 2:00 pm
Entrance Fee 20p
Refreshments

Depending on what people donate there will be clothing, books, DVDs, CDs, nearly new, shoes, toys, bric-a-brac, household linens, stationary and pictures.

Do not bring stuff until on or after Monday 16th March and leave it in the crèche, do not leave anything outside the church.

If you can help set up on Friday 20th March from 7:00pm to 9:00 pm or Saturday morning from 10:00am to 1:00pm come along and if you can man a stall or come along and talk to the people who come on Saturday speak to Helen Palmer or Ann Arnold.

All funds raised will be for the church.

When the Spring Comes

‘See! The winter is past; the rains are over and gone. Flowers appear on the earth; the season of singing has come, the cooing of doves is heard in our land.’ Song of Songs 2 v 11-12

March is the month that I associate with the coming of Spring, my favourite time of the year, and such a relief after the darkness and gloom of Winter. This verse beautifully describes the joy that most of us feel as the days begin to brighten, and Nature starts to awaken once again.

These words also speak to us about a new season in life, one that is filled with hope and expectation. Sometimes we experience the darkness of winter in our lives – maybe in the form of depression, bereavement, chronic illness, family difficulties, financial problems and so on. These long winter months of the soul may seem to last forever. Our joy disappears, our energy dissipates, our mood is low. A thick black cloud hangs over us and it seems as if the sun will never shine again.

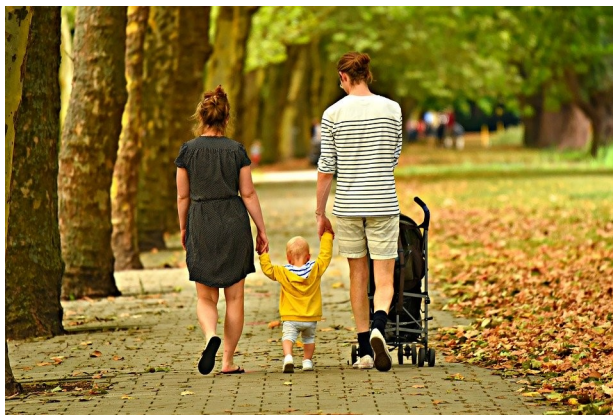
Then we have this reminder that no season lasts for ever. The cold grip of Winter gradually thaws and gives way to warmer days. The sun does shine again, and the temperature rises. Birds sing and flowers blossom. The sap rises. Love is in the air. And in the spiritual realm the same happens. Eventually we will enter a new season of the soul. Joy returns and life gets back to something like normality. No darkness lasts for ever. We experience our own awakening, a kind of mini resurrection. We start to feel alive again, to see possibilities and to dream again.

In the depths of Winter, we can look ahead to the certainty of Spring. Faith enables us to believe that the winter of the soul will soon be past as well. In the darkness we choose to hope in God.

By the Rev Tony Horsfall of Charis Training. More details at: [www. Charistraining.co.uk](http://www.Charistraining.co.uk).



Family and Freedom



The ructions in the Royal Family in January, widely reported (whether a fact or guess work) remind us that while they are 'royal' they are also a 'family'. God sets the lonely in families, the Bible says. But He also sets the awkward, the odd and the rebellious in them. Families are not associations of the identical, but places where difference is recognised and honoured.

Prince Harry is not Prince William, but neither is he Prince Charles, his father. Perhaps he is a bit more like the independent Diana, his mother.

Recognising difference, and respecting it, lies at the heart of family life, and always has. We may wish our children were replicas of ourselves, but they are not. My late wife was a nurse, and I was a journalist and broadcaster. We had three children. Today one of them manages a posh shop in Covent Garden, one is a musician travelling the world with a well-known folk-rock band, and another is a vicar. Long live the difference!

Families are wonderful. But they seem to work best when the individual members are set free to be themselves. We are not all the same, thank God!

The Revd Canon David Winter

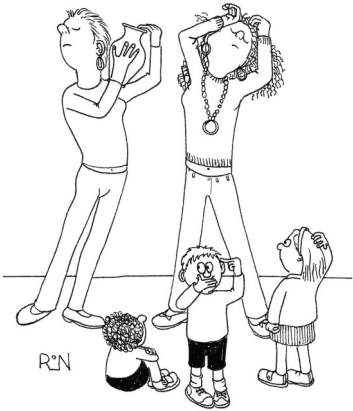
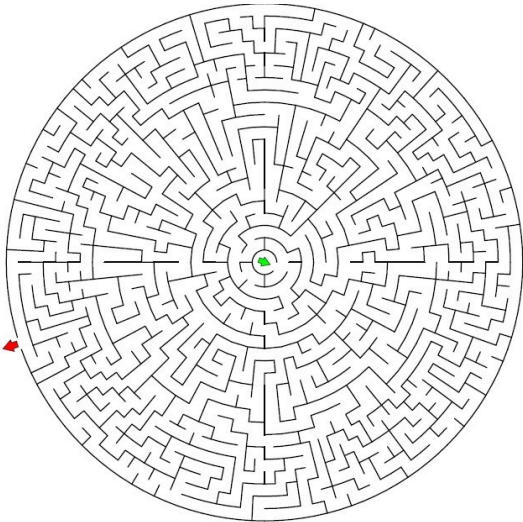
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They had been asked to prepare posies
for Mothering Sunday



London for Free St Patricks Day Parade



St Patricks Day is on the 17th of March but the celebrations in London are on the Saturday 15th March. Be amazed by flamboyant pageantry, elaborate floats, marching bands from across the UK, sports clubs and Irish dancing schools in the annual London **St Patrick's Day Parade**. The procession sets off at midday from Piccadilly and makes its way along a 1.5-mile (2.4km) route, passing some of London's most iconic landmarks, including The Ritz, Piccadilly Circus, Trafalgar Square and onto Whitehall.

You can also join the **St Patrick's Day Festival**, which takes place in Trafalgar Square, between 12pm and 6pm. Watch St Patrick's Day performances by well-known Irish acts, rising stars and special guests. Then, browse craft stalls, and tuck into traditional and modern Irish food from the market. There is also usually a family zone on Pall Mall East, hosting an array of free child-friendly entertainment, workshops and activities.

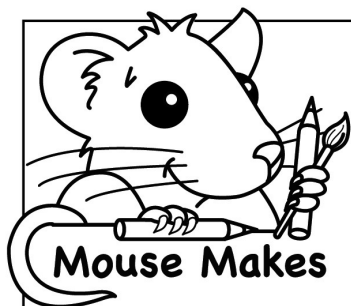
The nearest tube station is Piccadilly on the Central Line

St Mark's

Forest Gate
youth

If you would like any further information please contact Sharon on 07909 279100.





Mouse Makes

Jesus, his disciples and his mother Mary had been invited to a wedding. The wedding was to last a week, but too soon the wine had all been drunk.

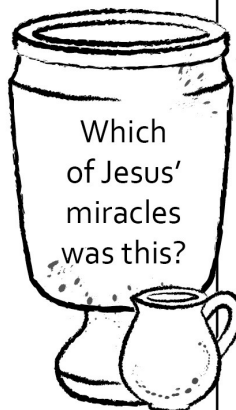
READ John 2:1-11 to find out what happened.



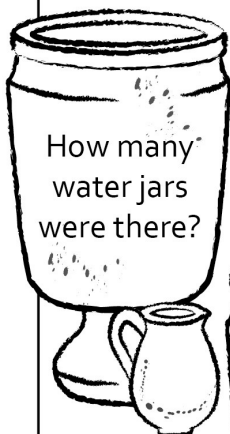
Where was the wedding?



What were the water jars for?



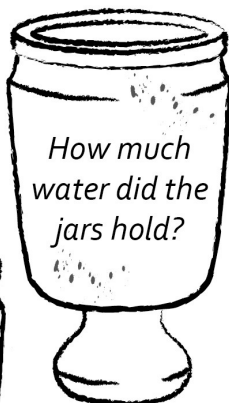
Which of Jesus' miracles was this?



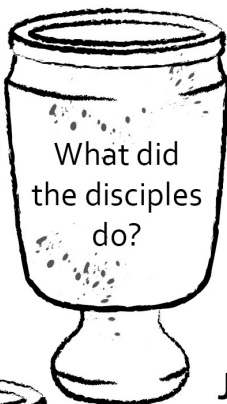
How many water jars were there?



What were the water jars made of?



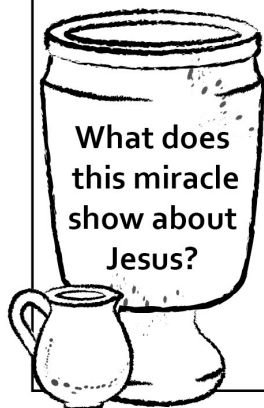
How much water did the jars hold?



What did the disciples do?

What did the steward tell the bridegroom?

What had happened to the water when it was taken out?



What does this miracle show about Jesus?

J G A L I L E E W A W
J A D I S C I P L E S A
W S E R V A N T S O O D T T
I T S S C A N A X U M D O E
M O U I F I R S T T A I N R
E P S X I T A T T U R N E D
F I L L W I N E X T Y G E T

WEDDING • CANA • GALILEE • JESUS • MARY • DISCIPLES
SERVANTS • RAN • OUT • SIX • STONE • WATER • JARS
FILL • TOP • TASTE • TURNED • WINE • FIRST

The Doctor and the Patient



JESUS HAD MANY FRIENDS



BUT SOME WERE EXTRA SPECIAL. THESE WERE HIS 'DISCIPLES'.

JESUS ONCE ASKED A TAX-COLLECTOR CALLED 'MATTHEW' TO BE ONE OF HIS TEAM

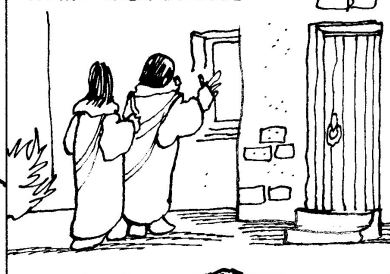


YES!



MATTHEW AGREED TO FOLLOW JESUS

JESUS WENT TO HAVE A MEAL AT MATTHEW'S HOUSE

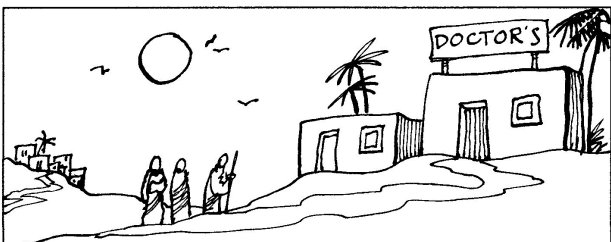


BUT MANY PEOPLE COMPLAINED ABOUT THIS. THEY THOUGHT MATTHEW WAS A BAD MAN - AND JESUS SHOULD IGNORE HIM.



JESUS' REPLY WAS VERY STRAIGHT FORWARD.

HE EXPLAINED THAT MATTHEW NEEDED HELP, NOT CRITICISM,



"IT'S NOT THE WELL THAT NEED A DOCTOR - BUT THE SICK!"
see Luke 5:27-32

the Liberty Clinic

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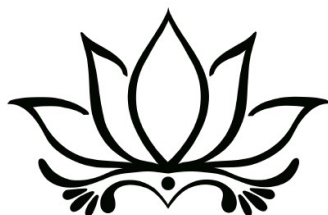
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St. Mark's Weekday Activities

St. Mark's is not just a Sunday church - why not try some of the other activities? For further details contact the Church Wardens or the vicar, or simply come along.

Monday	10:00 am	Banner Group
	6:00 pm	Brownies
	7:30 pm	Guides
	7:30 pm	Home Group: Cranmer Road
Tuesday	10:00 am	Parent and Toddler Club
	7:00 pm	Youth Bible Study: school years 7 - 11
	8:00 pm	Tuesday Fellowship
	8:00 pm	Music Group
Wednesday	7:30 am	Prayer Meeting
	10:00 am	Parent and Toddler Club
	12:00 noon	Lunchtime Bible Study
	7:00 pm	Prayer Meeting
Thursday	8:00 pm	St Mark's Players Group
	8:00 pm	Home Group: Ridley Road
	8:00 pm	Home Group: Godwin Road
	8:00pm	Home Group: Lorne Road
Friday	10:00 am	Coffee Morning (monthly)
	1:30 pm	Nifty Fifties
Sunday	10:30 am	Crèche 0 - 3 years
	10:30 am	Scramblers 3 - 5 years
	10:30 am	Sunday Club 5 - 11 years
	10:30 am	Youth Group 11 - 16 years

Weekday Home Groups

Want more information? Contact the Church Wardens

St Mark's Forest Gate



St. Mark's Forest Gate

Church Centre: Lorne Road,
London E7 0LJ

www.stmarksforestgate.org.uk

Vicar:

ben.king@stmarksforestgate.org.uk

020 8091 5652 | 07437 522650

Email:

info@stmarksforestgate.org.uk

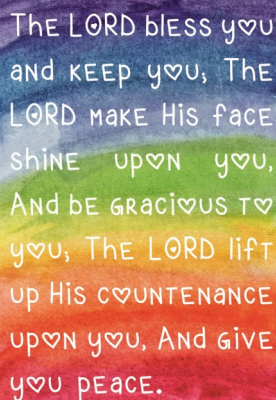
Registered Charity Number

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St. Mark's is a local Church of England Church. The Vicar will be pleased to help make arrangements for baptisms, weddings and other matters.

If this is the first time you have seen the magazine and you would like to receive it regularly, then phone or drop a note into the church and we will do the rest.



THE LORD bless you
and KEEP you, The
LORD make His face
shine upon you,
And be GRACIOUS TO
you, The LORD lift
up His COUNTENANCE
upon you, And GIVE
you PEACE.

www.stmarksforestgate.org.uk