

Newham Churches' Foodbank

These are the items needed particularly as of Sunday 24th January 2021

- Oil
- Washing-up liquid
- Biscuits
- Squash (orange or blackcurrant)
- Jam
- Sweet & sour sauce (alternative to bolognaise)
- Soap powder blocks
- Nappies (sizes 3, 5 & 6)



Please leave items in the bin at St. Mark's Vicarage, 41a Tylney Road Forest Gate E7 0LS.

Many thanks for your help.