

St Mark's Forest Gate



November 2020

50p

www.stmarksforestgate.org.uk

Who's who in the Church

Vicar: Rev'd Ben King

020 8091 5652 or 07437 522650

ben.king@stmarksforestgate.org.uk

Church Wardens Mike Richardson 07824 859075
 Sharon Yates 07909 279100
 churchwardens@stmarksforestgate.org.uk
Treasurer Peter Arnold
Music Group Janet Bone Phil Ridaut

P.C.C. Members

Chairman	Rev'd Ben King	
Vice Chairman	Ann Arnold	
Treasurer	Peter Arnold	
Secretary	Jane Ridout	
Sharon Yates (Warden)	Mike Richardson (Warden)	Michael Semuguraka
Janet Bone ((Deanery Synod Representative DSR)		Barbara Lumsden
Charlotte Mouzer	Ellen Kemp (DSR)	Jackie Randall
Yvonne Tiley	Dave Dale	

The P.C.C. represents the members of the church;
if there are any issues you want raised, do talk to them.

Contact information

Website	www.stmarksforestgate.org.uk
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Notices	notices@stmarksforestgate.org.uk



Facebook: St. Mark's Forest Gate



Twitter: @stmarks_e7

Magazine

Material for the magazine to be emailed to ap.arnold@btinternet.com
or put through the door of 32 Cranmer Road. Material for **December 2020** needs to be given in by **Sunday 8th November**



Remembrance

It's incredible to think that the beginning of October marked my first anniversary with you all. 2020 has proved to be quite a baptism of fire!

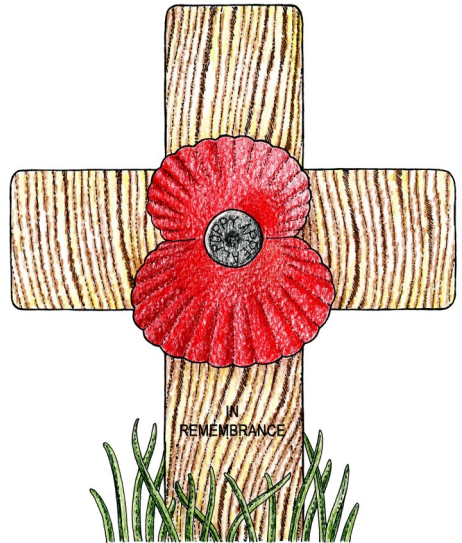
I wonder what we will remember looking back when all the restrictions have been lifted and COVID-19 has finally been consigned to history. Doubtless, there'll be memories of sadness and loss but also, I trust, of hope and solidarity. Like many, I'm looking forward to the time when the restrictions on our liberties will cease and we can come together in celebration.

2020 is also significant because it marks 75 years after the end of the Second World War, when the nation celebrated its freedom from a very different set of restrictions. The footage we saw back in May of that first VE Day reminded us of just how glad and grateful people were that, after almost six years, war had finally ceased.

At the start of another Remembrance season, I believe that we continue to have a moral imperative to remember those who have laid down their lives in conflicts past and to give thanks for their bravery and courage.

Remembrance Sunday is on 8th November this year and will give us all the opportunity to remember the fallen as we observe two minutes' silence at 11am.

PTO



But there's another dimension to Remembrance Sunday, isn't there?

Remembrance Sunday also gives us an opportunity to remember the summons of Jesus Christ to be peacemakers. The thousands of crosses which dot our war memorials point to the source of that peace: it is Jesus' one perfect sacrifice on the cross that has brokered peace between us and a holy God, both by defeating the power of human sin and by creating the opportunity for us to receive God's forgiveness.

When we bow the knee to Jesus and receive Him into our hearts by faith, then we can also make our peace with one another and build the kind of world to which God has called us.

On Sunday 8th we are called to remember. To remember the brave men and women who have laid down their lives. And to remember our God-given responsibility to be peacemakers.

Let us take up this summons anew and with strong faith in Jesus. At such a turbulent time, the world needs to know His peace more than ever.



Words of Comfort

Peace is one of the fruits of the spirit . It is the evidence of a spirit-filled life. The good news is God's Spirit is free to all.

Galatians 5 v 22



Annual Parochial Church Meeting

The meeting was held on Zoom on the evening of Monday 19th October; the minutes of the previous APCM were approved and the minutes of this meeting will be approved at the first PCC Meeting on 16th November.

Mike Richardson and Sharon Yates were elected as churchwardens, Ellen Kemp and Janet Bone as Deanery Synod Representatives, and Ann Arnold, Peter Arnold, Charlotte Mouzer and Jane Ridout as PCC representatives. There is one Deanery Synod vacancy and one PCC vacancy still open, and if you feel called to stand please speak to Ben.

The reports, accounts, and appointment of examiner were accepted and Ben spoke of his first year as our minister.

If you would like any more information please speak to Ben or the wardens.



The Day of Prayer

Thank you for organising the Day of Prayer. I was really excited when I found out that we were going to have a Day of Prayer in the church. When I arrived at the main door I was greeted very warmly by members of our church family and once I came into the body of the church I discovered six very different prayer stations. The prayer stations were lovely, each one giving us a focus on a particular area of church and community life.

A really wonderful way to quieten our minds and guide us in our prayers. There was an overwhelming sense of peace throughout the church building, but most especially in the actual church. As I looked at my fellow brothers and sisters I was struck by how fortunate I am to be part of this amazing family of Christ. It was great to see - actually see, people in the flesh rather than in a zoom meeting and have a brief chat with them. I felt very strongly that no matter what the future holds God has good plans for us and our community and that we are blessed here at our (backstreet) church.

Charlotte Mouzer

The Sermon

Sunday **3rd October**
Speaker **Rev'd Ben King**
Theme **Parable of the Banquet Matthew 22 v 1– 14**

Jesus starts the parable with the statement 'The kingdom of heaven is like..', in this case it is like a king preparing a wedding banquet for his son and inviting everyone to attend. Christianity is a joyous feast and God extends a personal invitation for all to attend; no one is excluded. The creator God invites us personally into his presence to experience his loving provision.

In the parable Jesus gives two reasons why not everyone makes it to the wedding banquet, two pitfalls we need to avoid. The first centres on priorities: not everyone chooses to accept the invitations, some refuse to acknowledge God and his good plans, while others just do not give the invitation priority, as they deal with their personal interests (their fields and their business) first. So what is your number one priority, do you put God first? If it is not, you miss out on your place at the wedding feast, not because God has excluded us, but because we have excluded ourselves as we have made other things more important than God in our lives.

The second pitfall centres on pride: we must accept the invitation to the banquet on God's terms, the privilege of attending the feast includes a responsibility. When we draw close to God to attend the banquet, we need to repent to enable us to take our place in front of a holy God. Scripture makes it clear we are all sinners and we have all fallen short of God's best for us. When we repent we exchange our dirty clothes for the wedding garments. The parable makes it clear that every sinner is welcome but not to remain a sinner; the sacrifice of Jesus allows us to become clean and acceptable. The wedding guest who is not in the festive garments has not responded to the king's invitation on the king's terms, and that is why he does not belong there and is kicked out. If our pride convinces us we are good enough in and of ourselves to be welcomed into God's presence we are fooling ourselves, and that same human pride will be our undoing. Have you taken the critical step to acknowledge your human limitations and shortcomings, to confess your sins to be welcomed into the courts of the King?

Many are invited but few are chosen, we have our part to play so we can be chosen by God by choosing Jesus for ourselves.

Please note: If you would like to hear the whole sermon it is on St Mark's YouTube.

Messy Church - 'Get Ready for Advent'

Sunday 22nd November: 4.00pm - 5.00pm

After a year away Messy Church is here - refreshed, renewed and ready to welcome you back! (Safe distance restrictions will be in place with 'Bubbles' accommodated at their own tables).



Advent craft, action songs (no singing but lots of actions!), story time, and a few snack treats too!!!

Messy church is for the young and 'young at heart' - if you love craft, you love fun and you love Jesus.....Messy Church Is for YOU!!!!

Places will be limited, so please phone Sharon 07964 172431 to book your table.

Sanctuary Sundays

Sunday 1st November and Sunday 6th December: 3.00pm - 4.00pm

Church will be open - with an opportunity for a time of 'sanctuary'. In these turbulent uncertain times you may feel in need of a safe haven, a sacred space where you can meet with God.....

Come along for as much time as you wish -

Come to be quiet before the Lord -

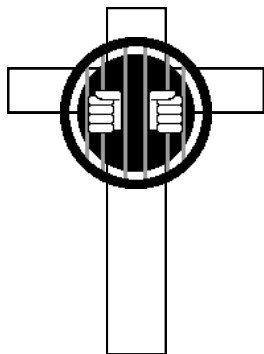
Come to share a concern or burden and to receive prayer support -

Come just as you are the door will be open.

We look forward to welcoming you.



The Persecuted Church



**You have heard it said,
'Love your friends and
hate your enemies'.
But now I tell you :
Love your enemies
and pray for those
who persecute you so
that you may become
the children of your
Father in Heaven.**

Matthew 5 v 43-45

International Day of Prayer for the Persecuted Church (IDOP) Sunday 15th November

This year's IDOP is on 15th November. Our prayers are needed more than ever at this time and this is a wonderful opportunity to stand together on behalf of persecuted Christians.

The theme of this year's IDOP is the 'Real Lockdown'. We have all missed gathering together for worship during the lockdown. As hard as that has been, it has helped us appreciate the religious freedom we enjoy. What a challenge to think that countless people around the world have never known the that same freedom.

In India, many cannot gather to pray in their homes for fear of attack. In China, even Christians who join on line services risk arrest. This is real lockdown - and it is not a temporary one.

CSW is collaborating with the Evangelical Alliance, Open Doors, and Release International for an online prayer event on Sunday 15th November; the live streamed event will feature live testimony from Christians in Nigeria, India and China.

Further information can be found at releaseinternational.org/idop or csw.org.uk/events.



Christmas Cards to Persecuted Christians

We will not be able to sign Christmas cards in church this year, but if you would like to send a card to persecuted Christians, please look at the information on www.csw.org.uk/connectencourage which will give you the information you need.



It is so sad to realise that violent attacks against Christians have been increasing during Covid-19 pandemic.

In Nigeria Fulani militants have continued to attack Christian villages. In January recently ordained Matthew Tagwi was posted to a village in Plateau State to begin his ministry, and with him was his wife Rose and their two daughters aged 3 and 6.

In April Rose travelled to Kwall for her ante-natal check-up, but when she said goodbye to her husband it was the last time she saw him. A group of militant Fulani attacked the village and Matthew was shot dead. Rose, whose uncle travelled to Kwall to tell her, was not even able to attend the funeral.

Rose Tagwi, suddenly a pastor's widow, has given birth to a third daughter, who she named Patience because, she said, she is determined to wait patiently on the Lord for his strength and to see his purpose in her loss. Responding to the martyrdom of her husband she said: "The evil men think killing a pastor will stop the gospel. Nothing will stop the gospel of Christ, my prayer is that his killers will get to know the Jesus I know. I do forgive them and pray that the Lord saves their souls."

May we all be inspired by the faith of Rose Tagwi as we pray with our persecuted family, and as we pray for those who are persecuting our fellow believers.

Sources: Christian Solidarity Worldwide and Release International .

Psalm 122 and Advent

'I rejoiced with those who said to me, 'Let us go to the house of the Lord. Our feet are standing in your gates, Jerusalem.' (Psalm 122 v 1,2). These words from Psalm 122 inspired Hubert Parry's great Coronation Anthem 'I was Glad.' As a Song of Ascent (Psalms 120-134), it was used by pilgrims going to the great festivals in Jerusalem. For the Jews this represented 'coming home' to worship at the Temple, the place of God's presence.



Our Worship of God:

As God's people today, we are also called to worship in praise and thanksgiving: 'That is where the tribes go up – to praise the name of the Lord' (4). Of course, currently our coming together in church to sing our praise to God is greatly restricted. We are a scattered rather than a gathered community. However, as individuals, we can still offer God the worship of our lives using the resource of psalms like this one.

Our Prayer to God:

The psalm encourages the pilgrims to pray for the peace of Jerusalem: 'Pray for the peace of Jerusalem: May those who love you be secure.' (6). The peace referred to here is more than simply an absence of conflict. Peace speaks of wholeness of life in every aspect. This must be our prayer as we continue to struggle with the effects of the pandemic and as we seek the prosperity of the wider community: 'I will seek your prosperity' (9).

This month sees the beginning of Advent, the season when we affirm the hope of Jesus' return. As we pray for peace, we know that it is fulfilled in the coming of God's kingdom in Jesus. Despite living with so much uncertainty, we have the assurance of God's future purposes for our lives, churches and the world.

READ THE BIBLE IN A YEAR

How are you getting on with your **Bible in a Year** readings? A number of people have found some of it difficult to understand. It may be useful to make use of bible commentaries either books or on line.

Also our minister Ben is very happy for you to get in touch with him if you have any specific questions or points you'd like to raise about your readings in **Bible in a Year**. He can't promise to answer them all, but will do his best! See his contact information at the front of the magazine.

If you have other comments on your experiences with the Bible in One Year do email bioy@stmarksforestgate.org.uk

BEATITUDES

FOR A GLOBAL PANDEMIC

BLESSED ARE THOSE
WHO STAY INDOORS



FOR THEY HAVE
PROTECTED OTHERS

BLESSED ARE THE
UNEMPLOYED AND THE
SELF-EMPLOYED



FOR THEIR NEED OF
GOD IS GREAT

BLESSED ARE THE
CORNER SHOPKEEPERS



FOR THEY ARE THE
PURVEYORS OF SCARCE
THINGS

BLESSED ARE THE DELIVERY
DRIVERS AND THE POSTAL
WORKERS



FOR THEY ARE THE
BRINGERS OF ESSENTIAL
THINGS

BLESSED ARE THE HOSPITAL
WORKERS; THE AMBULANCE CREWS,
THE DOCTORS, THE NURSES, THE CARE
ASSISTANTS, AND THE CLEANERS



FOR THEY STAND BETWEEN US AND
THE GRAVE, AND THE KINGDOM OF
HEAVEN IS SURELY THEIRS

BLESSED ARE THE
CHECKOUT WORKERS



FOR THEY HAVE PATIENCE AND
FORTITUDE IN THE FACE OF
OVERWORK AND FRUSTRATION

BLESSED ARE THE
REFUSE COLLECTORS



FOR THEY WILL SEE
GOD DESPITE THE
MOUNTAINS OF WASTE

BLESSED ARE THE
TEACHERS



FOR THEY REMAIN
STEADFAST AND
CONSTANT IN
DISTURBING TIMES

BLESSED ARE THE CHURCH
WORKERS; THE DEACONS,
PRIESTS AND BISHOPS



FOR THEY ARE A COMFORTING
PRESENCE IN A HURTING
WORLD AS THEY CONTINUE TO
SIGNPOST TOWARDS GOD

BLESSED ARE THE SINGLE
PARENTS,



FOR THEY ARE COPING
ALONE WITH THEIR
RESPONSIBILITIES AND
THERE IS NO RESPIRE

BLESSED ARE THOSE WHO
ARE ALONE,



FOR THEY ARE CHILDREN OF
GOD AND WITH HIM THEY
WILL NEVER BE LONELY

BLESSED ARE THE
BEREAVED,



FOR WHOM THE WORST HAS
ALREADY HAPPENED. THEY
SHALL BE COMFORTED

BLESSED ARE THOSE WHO
ARE ISOLATED WITH THEIR
ABUSERS



FOR ONE DAY-WE PRAY-
THEY WILL KNOW SAFETY

BLESSED ARE ALL DURING THIS TIME WHO HAVE PURE HEARTS;
ALL WHO STILL HUNGER AND THIRST FOR JUSTICE; ALL WHO
WORK FOR PEACE AND WHO MODEL MERCY



MAY YOU KNOW COMFORT. MAY YOU KNOW CALM. AND MAY THE
GRACE OF OUR LORD JESUS CHRIST, AND THE LOVE OF GOD, AND
THE FELLOWSHIP OF THE HOLY SPIRIT, BE WITH US ALL. AMEN

TEXT: JAYNE MANFREDI

CartoonChurch.com

Offering hope as we face a second wave – Archbishops' letter to bishops

The Church has a vital role to play in offering hope and comfort to the nation as we face an expected second wave of the coronavirus, the Archbishops of Canterbury and York have said.

In a joint letter to the bishops of the Church of England, Archbishops Justin Welby and Stephen Cottrell set out a stark assessment of the challenges facing the country amid the pandemic including hunger, homelessness, mental health pressures, and domestic violence.

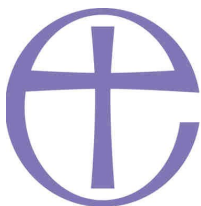
But, they say, the Church of England, through its presence in every community, can play a vital role in serving the nation - especially those most in need - and in bringing hope to all through the gospel. Churches are especially well placed, through networks and partnerships across the country, to help those most in need, who are hungry and homeless, they point out.

"Most of all we need to draw close to Christ and continue to offer the hope and stability of the Gospel," the Archbishops write. "It is this gospel joy, even in the darkest times, that alone can help us through this crisis, bringing hope and an eternal perspective to the very pressing trials of the moment."

The Archbishops also highlight the particular pressures faced by small businesses after months of restrictions and issue a challenge to banks to show the same mercy to those in difficulties now as banks themselves received during the financial crisis.

Referencing the parable of the unforgiving servant in Matthew 18, they add: "It will be for us and others to encourage the banks, who received such help in 2009, to be equally merciful to others as the nation was to them.

"St Matthew 18:23-35 seems highly relevant."



THE CHURCH OF ENGLAND

Laugh more!

‘We were filled with laughter and sang for joy’

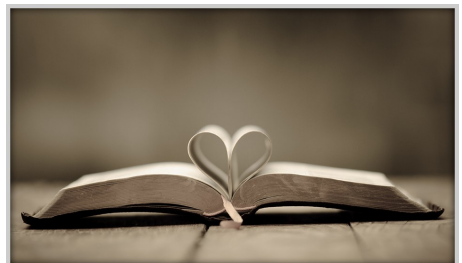
Psalm 126 v 2

God created every human emotion you feel. He designed you to cry when you are sad and laugh when you are happy: ‘For everything there is a season...A time to cry and a time to laugh’ (Ecclesiastes 3 v 1, 4). Jesus said, ‘These things have I spoken unto you, that my joy might remain in you, and that your joy might be full’ (John 15 v 11).

Question: how often do you laugh? Doctors say laughter has incredible healing effects on your body. It also has incredible healing effects on your mind and soul. Stop and think about the days you laughed, even though you really didn’t have anything to laugh about. You were far from God and bound by sinful habits, but He set you free, didn’t He?

In the Old Testament we read: ‘When the Lord brought back his exiles to Jerusalem, it was like a dream! We were filled with laughter...sang for joy...And the other nations said, “What amazing things the Lord has done for them.” Yes, the Lord has done amazing things for us! What joy!’ (Psalm 126 v 1-3). If God has set you free, then you truly have something to laugh about. Stop being so ‘heavy’ about everything! Expecting perfection from yourself; your slow growth in God; your deficient prayer life; your failure to memorise more Scripture verses; your fear of sharing your faith with others, etc. We carry around such heavy burdens. If you’re ‘laughter impaired’ you may have to work at it. It’s easy to find plenty to worry about, but to be happy, you sometimes need to work at it a little. So the word for today is – laugh more!

These are daily devotionals produced by UCB free of charge and this excerpt is reproduced by their kind permission. If you would like your own copy, they are available in the church, or you can log on to www.ucb.co.uk, or telephone 0845 6040401.



Can we help you?



Pastoral Help and Support

The Wardens and Ben are available to help out where they can, so please do let them know if you or someone else needs support – spiritual, practical or otherwise - and they will try and make the necessary arrangements.

The contact details are:

Rev'd Ben King, Vicar 07437 522650
ben.king@stmarksforestgate.org.uk

Sharon Yates, Churchwarden 07909 279100
sharon.yates@stmarksforestgate.org.uk

Mike Richardson, Churchwarden 07824 859075
mike.richardson@stmarksforestgate.org.uk

Thank you.

how you can help



Intercession: Let us pray for families

Father, as the restrictions of life still continue and winter approaches, we pray for families who are trying to maintain normality in their daily life.



Keep close to them, help them to find their way both in their relationships with you and in their relationships with each other. Help those who are finding they are struggling financially and find themselves without work. Inspire others to help wherever they can and to pray for them.

Lord in your mercy,
Hear our prayer

Can we pray for you?

Please let us know if we can pray for you, using the email addresses or phone numbers on the previous page.



Our Parish Streets:

Week beginning

1st November	Pray for all who live in Tylney Road
8th November	Pray for all who live in Woodgrange Road
15th November	Pray for all who live in Avenue Road
22nd November	Pray for all who live in Barwick Road
29th November	Pray for all who live in Capel Road

Sunday Services

The church building continues to be closed for most activities. Please see the church website www.stmarksforestgate.org.uk for more up to date information.

The church has limited opening for private prayer on Saturdays: 10:00 – 11:00 am. These are drop in sessions and to maintain social distancing the numbers will be limited. May you be encouraged to pray for God's blessing and protection for our parish and community.

Sunday Services

Throughout November you are welcome to attend to watch the online service in church followed by a short said Holy Communion. Please see our website for updates on how to book your place for these services, as we anticipate numbers will continue to be restricted.

- | | |
|---------------|--|
| 1st November | 10.30am - All Saints Day All Age Celebration
followed by short Holy Communion
3.00pm - Sanctuary Church (see page 6) |
| 8th November | 10.30am - Remembrance Sunday Morning Worship
followed by short Holy Communion |
| 15th November | 10.30am - Morning Worship
followed by short Holy Communion |
| 22nd November | 10.30am - Morning Worship
followed by short Holy Communion
4.00pm - Advent Messy Church (see page 6) |
| 29th November | 10.30am - Advent All Age Celebration
followed by short Holy Communion |

What's On

Online Prayer and Worship Resources

The Church of England has a number of different prayers and services, all linked to the current situation, on the Church of England website.

On television there is a Sunday Worship service programme on BBC 1, usually at 11:45 am, Songs of Praise at 1:15 pm, and there are a number of radio programmes on Radio 4 including Morning Worship at 9:45 am.

The liturgy for daily prayer, morning and evening, is also available on the Church of England website, or you can look at St Mark's website to find out what is available including a daily evening prayer on Zoom. You can access Zoom for free on your computer or phone; please see the website for instructions or speak to one of the church wardens.

On Wednesday evenings Ben will be hosting a prayer meeting from 7:30 pm to which you are all very welcome. It is key that we are able to support one another and petition God in these uncertain times. Let us never forget the power of prayer; our world needs it more than ever.



Care and Concern

Easyfundraising[®] is a good way to support your favourite charity when shopping online. More than 4,000 online retailers are signed up with Easyfundraising[®], including major supermarkets, eBay, Amazon, and many insurance companies. St Mark's church is one of the many UK charities which you can support using Easyfundraising[®]. It is free to use; you simply go to [easyfundraising.org.uk](https://www.easyfundraising.org.uk), or get their app, select your preferred charity, and then shop online as normal. There is no additional cost to you, but the retailer will make a small donation to your selected charity when you make an online purchase.

To support St Mark's when shopping online, simply go to <https://www.easyfundraising.org.uk/causes/stmarkschurchforestgate>.

Peter Arnold

Be Kind to one another

During the pandemic there has been an increasing movement to ask us to be kind to one another. That can be anything from helping your neighbour, to saying hello.

You will not be surprised to find that there is a biblical precedent for kindness. God's gift of free will not only allows you to make good choices, but to do good things and be kind to others. Having free will is a reminder that kindness is a choice (Galatians 5 v 13).

Treating others as you would like to be treated is one of the easiest ways of showing your faithful heart (Luke 6 v 31). Being kind to others — even when it is not immediately reciprocated — can provide many blessings in the long run. God always rewards our efforts (Galatians 6 v 9). It costs nothing to have a kind word to others (Proverbs 12 v 25). Kind acts will be remembered (1 Chronicles 19 v 2).

It is God's will for us to be kind to one another (Colossians 3 v 12), kind words can heal the heart and mind (Proverbs 16 v 24). It is no good just to be kind to those we like, we need to love our enemies which also means being kind to them (Luke 6 v 35).





Newham Churches Food Bank

The food bank is continuing to function as there are still people in need. Items can be dropped off in a bin outside the vicarage: 41a Tylney Road. The use of the bank has decreased recently, so please check the fortnightly newsheet as to what is required

Financial support would also be appreciated, so please contact Rev Bruce Stokes on 07708 682464 on how gifts can be given.

Thank you

Poppy Appeal 2020

Look out for the Poppy Appeal again this year, but not so much via street collections. Instead, the Royal British Legion will focus on contactless donations, as a safer way forward during the pandemic. One such method will be 'point of sale donations'. This means that when you shop at your supermarket and reach the till or online, you may be invited to round up your total to the nearest pound to help the Poppy Appeal.



A spokesman for the Royal British Legion said: "The Poppy Appeal 2020 is very much still going ahead", but that "the safety and wellbeing of our volunteers, staff and members is paramount. This means that collectors who fall into the vulnerable category have been advised "not to take part in activity on behalf of the Poppy Appeal that would expose them to any additional risks while coronavirus is still present."

And yet the need is still huge: "Members of the Armed Forces Community are suffering significant hardship as a result of the Covid-19 outbreak and we at the Royal British Legion will do everything we possibly can to support them."

Remembrance Sunday

We Will Remember – 80 years on

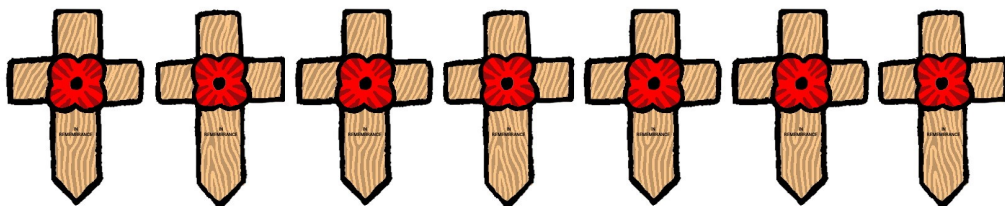
This year we've been remembering the Battle of Britain, described by Winston Churchill in August 1940 as *'one of the decisive battles of the war... never in the field of human conflict was so much owed by so many to so few.'* It was a dramatic turning point in the history of the Second World War. The occasions for Remembrance this month will provide us times of gratitude for what was achieved in the darkest moments of war.

However, this year we are very aware of our own struggles with the worldwide Covid-19 pandemic. We face an unseen enemy, but the effects on our lives and society are almost as devastating as world war.

Remembering is not just about focusing on past events. It is also about making present past events, as we give thanks for all that took place. The Battle of Britain was fought by the Few and won in the skies over the Channel. In our battle with the virus, we can call to mind the victory of Jesus: *'Remember Jesus Christ, raised from the dead, descended from David.'* (2 Timothy 2:8). Jesus secured the victory of death by His cross and resurrection, so that we don't need to fear death, but trust in His loving purposes for our lives.

Currently we can't see clearly what the future holds for us; it may be very different from what we might expect. However, we can pray for God's will to be done and that we will play our part, just as each of those airmen did so many years ago.

'They shall grow not old as we that are left grow old: Age shall not weary them, nor the years condemn. At the going down of the sun and in the morning we will remember them.'





With Christmas approaching, Traidcraft are once again offering a range of Christmas cards and goodies, and I can order anything from their Christmas range for you. I hope to have a supply of Traidcraft Christmas catalogues available soon, so please let me know if you would like a catalogue. Alternatively, you can browse their Christmas range at <https://www.traidcraftshop.co.uk/christmas>.

Traidcraft are also supplying the Real Advent Calendar again this year. This is a fun way for parents, grandparents and godparents to share the Christmas story with children, as well as making sure they can enjoy a Fairtrade chocolate every day in the lead up to Christmas. The calendar comes with a 24-page Christmas story activity book designed to be used every day in Advent and it costs £3.95. As Advent Sunday is on the 29th November this year, please let me know by Friday 13th November if you would like me to order a Real Advent Calendar for you; this means that I should receive them in time for Advent Sunday.



Please let me know either by email to traidcraft@stmarksforestgate.org.uk or by phone on 020-8519-5765 if you would like to order the Real Advent Calendar or any other items from Traidcraft.

Peter Arnold

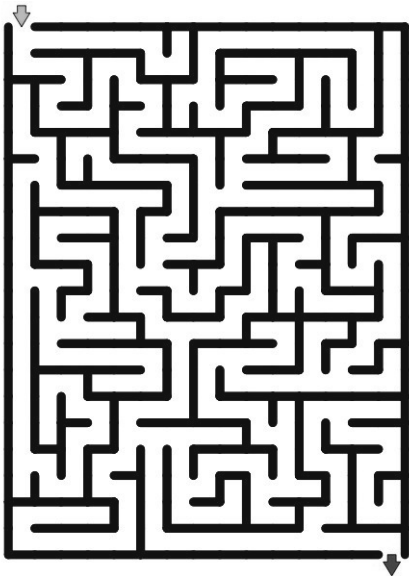
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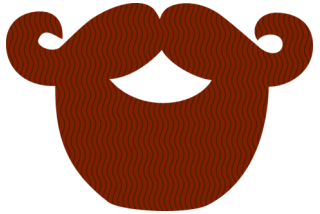
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2	8	5				4	3	1
4	9		2	1	5		8	
3		6			9	5		
	2				1	9		
					4	8		

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November Quiz

1. What day is celebrated on 1 November by the Roman Catholic Church?
2. The Day of the Dead is a holiday celebrated throughout which country on November the 2nd each year?
3. In which city was John F. Kennedy assassinated on November 22, 1963?
4. On which day in November is Saint Andrew's Day?
5. N in the NATO phonetic alphabet is November, how many other letters are represented by months of the year in this alphabet?
6. What number month was November in the ancient Roman calendar?
7. What name is given to the month-long moustache-growing event launched each year in November to fundraise for charity?
8. Which United States National Holiday is held annually on November 11?
9. What officially opened for the first time on November 17, 1869?
10. What was the name given to the famous speech made by Abraham Lincoln on November 19, 1863?



Answer to the Autumn quiz

- | | | | |
|----------------------|--------------------------|----------------|-----------------------|
| 1. John Keats | 2. 10 months | 3. Chlorophyll | 4. Stubble burning |
| 5. Conkers | 6. Huge wave in Cornwall | 7. Fall | 8. To break the skins |
| 9. Shipping forecast | 10. Helicopter seeds | 11. Jay | 12. Rowan |



If you would like any further information please contact Sharon on 07909 279100.

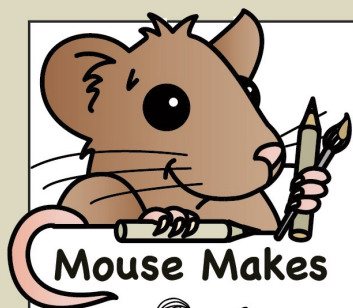
All youth events are cancelled until further notice.



We pray for our young people

Continue to pray for the young people of St Mark's who are unable to meet as a Christian community. May all we do to try and support them be of benefit and teach them more about you Lord.

Amen



REMEMBERING

How do you remember things?

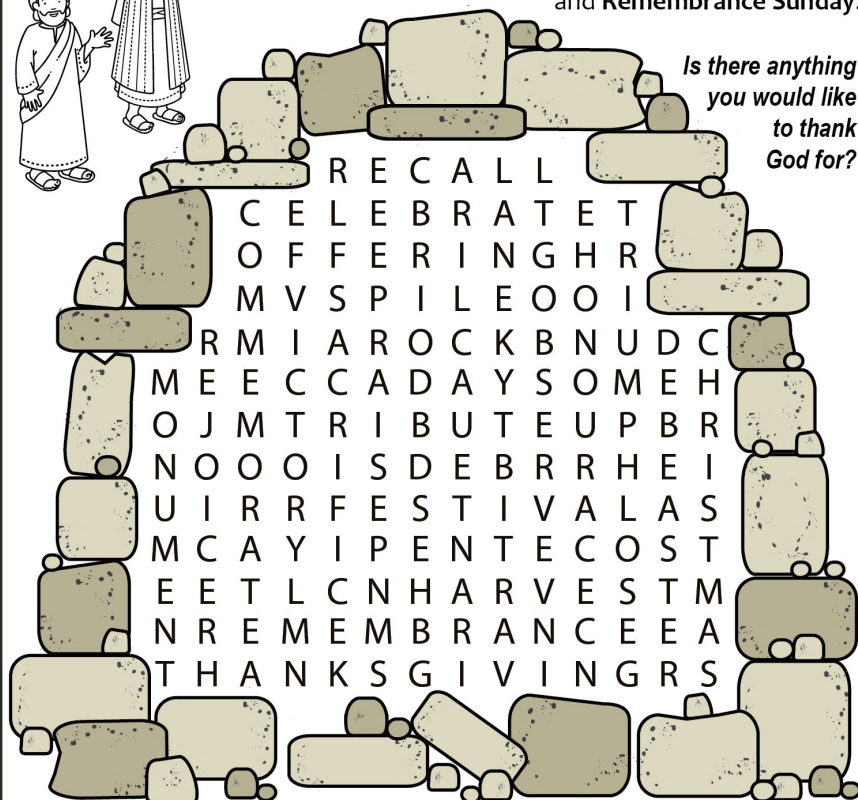
In bible times God's people would remember what God had done for them by building monuments made of stones and by holding festivals and celebrations to give thanks to God.

READ Joshua 4:1-9 and Exodus 12:1-14

Today we too build monuments to remember and hold services of thanksgiving like **Harvest** and **Remembrance Sunday**.



*Is there anything
you would like
to thank
God for?*



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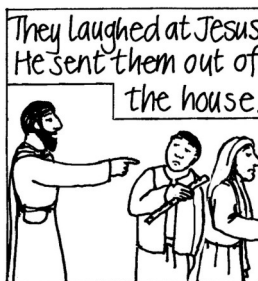
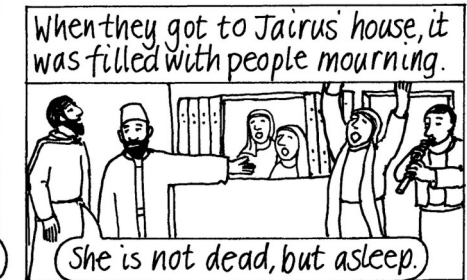
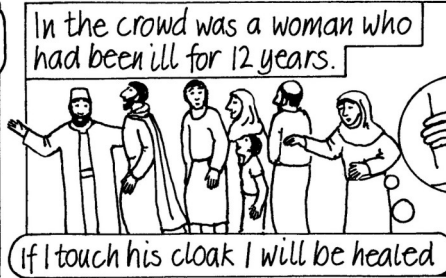
Nov20 © deborah noble • parishpump.co.uk

Bible Bite

A short story from the Bible

It can be read in the Bible in
Lk 8:40-56, Mt 9:18-26, Mk 5:21-43

Jairus, a town leader, had a 12 year old daughter who was ill and about to die. He came to Jesus and knelt at his feet...



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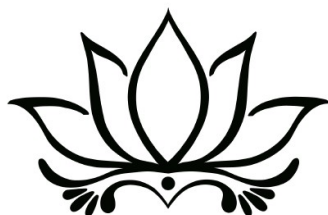
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Email Jan@mpark.co.uk



St. Mark's Weekday Activities

St. Mark's is not just a Sunday church - why not try some of the other activities?
All activities are cancelled until further notice



Monday	10:00 am	Banner Group
	7:30 pm	Guides
Tuesday	7:30 pm	Home Group: Cranmer Road
	10:00 am	Parent and Toddler Club
	7:00 pm	Youth Bible Study: school years 7 - 11
	8:00 pm	Tuesday Fellowship
Wednesday	8:00 pm	Music Group
	7:30 am	Prayer Meeting
	10:00 am	Parent and Toddler Club
	12:00 noon	Lunchtime Bible Study
	7:00 pm	Prayer Meeting
Thursday	8:00 pm	St Mark's Players Group
	8:00 pm	Home Group: Ridley Road
	8:00 pm	Home Group: Godwin Road
	8:00 pm	Home Group: Lorne Road
Friday	10:00 am	Coffee Morning (monthly)
Sunday	10:30 am	Crèche 0 - 3 years
	10:30 am	Scramblers 3 - 5 years
	10:30 am	Sunday Club 5 - 11 years
	10:30 am	Youth Group 11 - 16 years

Weekday Home Groups

Want more information? Contact the Church Wardens

St Mark's Forest Gate



St. Mark's Forest Gate

**Church Centre: Lorne Road,
London E7 0LJ**

www.stmarksforestgate.org.uk

Vicar:

ben.king@stmarksforestgate.org.uk

020 8091 5652 | 07437 522650

Email:

info@stmarksforestgate.org.uk

Registered Charity Number

1132240



St. Mark's is a local Church of England Church. The Vicar will be pleased to help make arrangements for baptisms, weddings and other matters.

If this is the first time you have seen the magazine and you would like to receive it regularly, then phone or drop a note into the church and we will do the rest.



THE LORD bless you
and KEEP you, The
LORD make His face
shine upon you,
And be GRACIOUS to
you, The LORD lift
up His COUNTENANCE
upon you, And GIVE
you PEACE.



www.stmarksforestgate.org.uk